Name: $\qquad$

EMAIL: $\qquad$

Worker's Comp (circle): Yes No Auto claim (circle) Yes No

## SHOULDER/ELBOW QUESTIONS:

What are you here for today:
Which shoulder/elbow bothers you?
Are you 'right-handed' or 'left-handed'?
How long have you had shoulder/elbow pain?

SHOULDER
Right
Right
$\qquad$ days / weeks / months / Years

How did you injure your shoulder/elbow? $\qquad$
Date of Injury?
What percent of a 'normal' shoulder/elbow is your: Right ___ \% Left___ \%
Have you had physical therapy? (circle) Yes No How many sessions? ___
Have you had injections? (Circle) Yes No How many? _
Do you take pills for pain?
Yes No
If yes, what? $\qquad$

## At its WORST?

Pain scale ( $0=$ no pain, $10=$ worst pain): $0-----1-----2-----3----4----5----6-----7-----------9-----10$

Does the pain wake you from sleep?
Does your shoulder/elbow feel unstable (loose?)
Does your shoulder/elbow fee stiff?

Yes
No
Yes
No
Yes No

## PRIOR SHOULDER/ELBOW SURGERIES:

Review of Symptoms: (circle if applicable): weight loss/gain, fever/chills/sweats, frequent headaches, ringing of ears, cough, chest pain/pressure, urinary frequency, depression, stomach problems, thyroid problems, anemia, swollen glands, other joint or muscle pain

## Social History: (circle where appropriate)

Occupation:
Recreational/Competitive Sports (list): $\qquad$

Past History: (Circle where appropriate)

| Shoulder problems: | Yes | No | If yes, what? |  |
| :--- | :---: | :--- | :--- | :--- |
| Heart problems: | Yes | No |  |  |
| Diabetes: | Yes | No |  |  |
| Kidney problems: | Yes | No |  |  |
| Do you form keloids | (a large scar when skin is injured)? | Yes | No |  |

